



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

René Weis

Number: 396

Course: 9.25 km

9 km Lauf

Category:

Senioren M45 (45-49)

Total time: 44:47

Speed: 12.06 km/h

Running performance: 4:50 min/km

Rank in course/Total: 28 (of 91)

Rank in course/Men: 25 (of 57)

Best time in course: 36:04

Rank in category: 4(of 6)

Best time in the category: 38:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	8:17	-	4	1:55	32	2:16	-	8:17	-	4	1:55	32	2:16
Zwischenzeit I	-	19:42	-	4	2:14	20	3:26	-	27:59	-	4	3:57	26	5:42
Finish	9.25	16:48	-	4	2:08	25	4:02	9.25	44:47	4:50	4	6:05	25	8:43