



Detailed evaluation

Uwe Schöneck

Club: SV 1910 Kahla / TEA

Number: 383

Course: 9.25 km

9 km Lauf

Category:

Senioren M55 (55-59)

Total time: 50:43

Speed: 10.65 km/h

Running performance: 5:28 min/km

Rank in course/Total: 53 (of 91)

Rank in course/Men: 40 (of 57)

Best time in course: 36:04

Rank in category: 2(of 5)

Best time in the category: 49:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	9:14	-	2	1:30	45	3:13	-	9:14	-	2	1:30	45	3:13
Zwischenzeit I	-	22:44	-	2	0:28	40	6:28	-	31:58	-	2	1:58	41	9:41
Finish	9.25	18:45	-	1	-	36	5:59	9.25	50:43	5:28	2	1:29	40	14:39