



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Jens Gutjahr

Club: GuthsMuths Rennsteiglaufverein e.V.

Number: 330

Course: 9.25 km

9 km Lauf

Category:

Senioren M55 (55-59)

Total time: 55:57

Speed: 9.65 km/h

Running performance: 6:02 min/km

Rank in course/Total: 75 (of 91)

Rank in course/Men: 51 (of 57)

Best time in course: 36:04

Rank in category: 3(of 5)

Best time in the category: 49:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	9:29	-	3	1:45	46	3:28	-	9:29	-	3	1:45	46	3:28
Zwischenzeit I	-	24:04	-	3	1:48	48	7:48	-	33:33	-	3	3:33	47	11:16
Finish	9.25	22:24	-	3	3:39	52	9:38	9.25	55:57	6:02	3	6:43	51	19:53