



# WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

## Detailed evaluation

**Carolin Freitag**

Club: GutsMuths-Rennsteiglaufverein

Number: 323

Course: 9.25 km

9 km Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 54:38

Speed: 9.88 km/h

Running performance: 5:54 min/km

Rank in course/Total: 69 (of 91)

Rank in course/Women: 22 (of 34)

Best time in course: 34:42

Rank in category: 3(of 6)

Best time in the category: 46:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
						Pos Women	Behind Women	km	Time					
Zwischenzeit I	-	10:41	-	5	3:01	31	4:41	-	10:41	-	5	3:01	31	4:41
Zwischenzeit I	-	24:04	-	3	2:58	20	8:11	-	34:45	-	3	5:59	22	12:52
Finish	9.25	19:53	-	3	2:18	18	7:04	9.25	54:38	5:54	3	8:17	22	19:56