



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Franziska Arndt

Total time: 47:12

Number: 306

Speed: 11.44 km/h

Running performance: 5:06 min/km

Course: 9.25 km

Rank in course/Total: 40 (of 91)

9 km Lauf

Rank in course/Women: 8 (of 34)

Best time in course: 34:42

Category:

Rank in category: 1(of 7)

Seniorinnen W40 (40-44)

Best time in the category: 47:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	8:18	-	1	-	12	2:18	-	8:18	-	1	-	12	2:18
Zwischenzeit I	-	20:58	-	1	-	6	5:05	-	29:16	-	1	-	10	7:23
Finish	9.25	17:56	-	1	-	6	5:07	9.25	47:12	5:06	1	-	8	12:30