



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Franciska Ihling

Number: 338

Course: 9.25 km

9 km Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 53:30

Speed: 10.09 km/h

Running performance: 5:47 min/km

Rank in course/Total: 64 (of 91)

Rank in course/Women: 19 (of 34)

Best time in course: 34:42

Rank in category: 5(of 7)

Best time in the category: 47:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	10:28	-	7	2:10	28	4:28	-	10:28	-	7	2:10	28	4:28
Zwischenzeit I	-	24:30	-	5	3:32	22	8:37	-	34:58	-	5	5:42	24	13:05
Finish	9.25	18:32	-	2	0:36	12	5:43	9.25	53:30	5:47	5	6:18	19	18:48