



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Nancy Großmann

Number: 328

Course: 9.25 km

9 km Lauf

Category:

Seniorinnen W45 (45-49)

Total time: 59:20

Speed: 9.10 km/h

Running performance: 6:24 min/km

Rank in course/Total: 81 (of 91)

Rank in course/Women: 29 (of 34)

Best time in course: 34:42

Rank in category: 3(of 4)

Best time in the category: 50:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit I	-	10:27	-	2	1:10	27	4:27	-	10:27	-	2	1:10	27	4:27
Zwischenzeit I	-	26:02	-	2	2:58	27	10:09	-	36:29	-	2	4:08	28	14:36
Finish	9.25	22:51	-	3	4:20	29	10:02	9.25	59:20	6:24	3	8:28	29	24:38