



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

evaluación detallada

B.E.S.T.ien

Asociación: Berlin

Dorsal: 1000

recorrido: 160.90 km

10+ Staffel

categoría:

10+ Team

tiempo total: 16:35:01

velocidad: 9.65 km/h

rendimiento en carrera: 6:11 min/km

posición en el recorrido/Total: 3 (de 6)

posición en el recorrido/Total: 3 (de 6)

mejor tiempo del recorrido: 14:10:38

posición en la categoría: 3(de 6)

mejor tiempo en la categoría: 14:10:38

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | retraso | | Total km | Total tiempo | Total min/km | retraso | | retraso | |
|-------------------|-------------|-----------------|------------------------|-----------|-------|-----------|-------|-------------|-----------------|-----------------|-----------|---------|---------|---------|
| | | | | categoría | Total | categoría | Total | | | | categoría | Total | | |
| VP1 - Mahnmal P | 9.02 | 1:06:12 | 7:20 | 6 | 18:15 | 6 | 18:15 | 9.02 | 1:06:12 | 7:20 | 6 | 18:15 | 6 | 18:15 |
| VP2 - Schlesische | 5.98 | 42:22 | 7:05 | 5 | 10:54 | 5 | 10:54 | 15.00 | 1:48:34 | 7:14 | 5 | 28:10 | 5 | 28:10 |
| VP3 - Sonnenalle | 6.00 | 43:06 | 7:11 | 6 | 10:43 | 6 | 10:43 | 21.00 | 2:31:40 | 7:13 | 6 | 38:53 | 6 | 38:53 |
| VP4 - Stubenrauc | 5.73 | 41:50 | 7:18 | 6 | 9:32 | 6 | 9:32 | 26.73 | 3:13:30 | 7:14 | 6 | 44:50 | 6 | 44:50 |
| VP5 - U-Bahnhof | 4.30 | 37:04 | 8:37 | 6 | 9:40 | 6 | 9:40 | 31.03 | 3:50:34 | 7:25 | 6 | 53:45 | 6 | 53:45 |
| VP6 - Buckower I | 5.40 | 35:12 | 6:31 | 5 | 5:10 | 5 | 5:10 | 36.43 | 4:25:46 | 7:17 | 6 | 58:55 | 6 | 58:55 |
| VP7 - Kirchhainer | 5.54 | 34:26 | 6:12 | 5 | 4:34 | 5 | 4:34 | 41.97 | 5:00:12 | 7:09 | 5 | 1:03:29 | 5 | 1:03:29 |
| VP8 - Lichtenradi | 4.42 | 27:34 | 6:14 | 4 | 3:57 | 4 | 3:57 | 46.39 | 5:27:46 | 7:03 | 5 | 1:00:21 | 5 | 1:00:21 |
| VP9 - Osdorfer St | 5.77 | 38:34 | 6:41 | 5 | 9:54 | 5 | 9:54 | 52.16 | 6:06:20 | 7:01 | 5 | 1:07:05 | 5 | 1:07:05 |
| VP10 - Sportplatz | 6.41 | 41:50 | 6:31 | 4 | 11:32 | 4 | 11:32 | 58.57 | 6:48:10 | 6:58 | 5 | 1:17:41 | 5 | 1:17:41 |
| VP11 - Königswel | 6.18 | 40:15 | 6:30 | 4 | 6:44 | 4 | 6:44 | 64.75 | 7:28:25 | 6:55 | 5 | 1:24:25 | 5 | 1:24:25 |
| VP12 - Gedenkst | 6.18 | 41:58 | 6:47 | 3 | 8:33 | 3 | 8:33 | 70.93 | 8:10:23 | 6:54 | 5 | 1:28:03 | 5 | 1:28:03 |
| VP13 - Brauhaus | 6.84 | 34:36 | 5:03 | 2 | 0:55 | 2 | 0:55 | 77.77 | 8:44:59 | 6:45 | 5 | 1:26:15 | 5 | 1:26:15 |
| VP14 - Revierförs | 6.06 | 30:35 | 5:02 | 2 | 2:58 | 2 | 2:58 | 83.83 | 9:15:34 | 6:37 | 5 | 1:27:35 | 5 | 1:27:35 |
| VP15 - Schloß Sa | 6.20 | 28:58 | 4:40 | 2 | 0:05 | 2 | 0:05 | 90.03 | 9:44:32 | 6:29 | 5 | 1:27:40 | 5 | 1:27:40 |
| VP16 - Pagel & Fi | 7.63 | 37:01 | 4:51 | 2 | 0:50 | 2 | 0:50 | 97.66 | 10:21:33 | 6:21 | 4 | 1:28:30 | 4 | 1:28:30 |
| VP17 - Wilhelmst | 4.84 | 25:49 | 5:20 | 2 | 2:55 | 2 | 2:55 | 102.50 | 10:47:22 | 6:18 | 3 | 1:31:25 | 3 | 1:31:25 |
| VP18 - Falkensee | 6.58 | 36:35 | 5:33 | 2 | 5:17 | 2 | 5:17 | 109.08 | 11:23:57 | 6:16 | 3 | 1:36:42 | 3 | 1:36:42 |
| VP19 - Schönwal | 5.70 | 31:53 | 5:35 | 4 | 2:28 | 4 | 2:28 | 114.78 | 11:55:50 | 6:14 | 3 | 1:39:10 | 3 | 1:39:10 |
| VP20 - Grenzturn | 7.53 | 43:32 | 5:46 | 3 | 5:38 | 3 | 5:38 | 122.31 | 12:39:22 | 6:12 | 3 | 1:43:23 | 3 | 1:43:23 |
| VP21 - Ruderclub | 4.78 | 31:41 | 6:37 | 6 | 9:05 | 6 | 9:05 | 127.09 | 13:11:03 | 6:13 | 3 | 1:50:02 | 3 | 1:50:02 |
| VP22 - Frohnau (| 4.03 | 24:44 | 6:08 | 2 | 2:52 | 2 | 2:52 | 131.12 | 13:35:47 | 6:13 | 3 | 1:52:54 | 3 | 1:52:54 |
| VP23 - Naturschu | 6.78 | 42:35 | 6:16 | 4 | 14:46 | 4 | 14:46 | 137.90 | 14:18:22 | 6:13 | 3 | 2:07:40 | 3 | 2:07:40 |
| VP24 - Oranienbu | 4.75 | 29:23 | 6:11 | 4 | 10:06 | 4 | 10:06 | 142.65 | 14:47:45 | 6:13 | 3 | 2:17:46 | 3 | 2:17:46 |
| VP25 - Lübars | 5.69 | 34:31 | 6:03 | 5 | 11:09 | 5 | 11:09 | 148.34 | 15:22:16 | 6:13 | 3 | 2:28:55 | 3 | 2:28:55 |
| VP26 - S-Bahnhö | 5.71 | 33:48 | 5:55 | 2 | 0:44 | 2 | 0:44 | 154.05 | 15:56:04 | 6:12 | 3 | 2:27:31 | 3 | 2:27:31 |
| VP27 - Wollankst | 3.09 | 14:56 | 4:49 | 1 | - | 1 | - | 157.14 | 16:11:00 | 6:10 | 3 | 2:26:25 | 3 | 2:26:25 |
| Friedrich-Ludwig | 3.03 | 24:01 | 7:55 | 1 | - | 1 | - | 160.90 | 16:35:01 | 6:11 | 3 | 2:24:23 | 3 | 2:24:23 |