



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Exploitation détaillée

LUX, Monika

Association: Run Club

Dossard: 47

Circuit: 161.70 km

100MeilenBerlin

Catégorie:

Seniorinnen W50 (50-54 Jahre)

Temps total: 22:29:42

Vitesse: 7.16 km/h

Kilométrage: 8:21 min/km

Place par parcours/Total: 180 (de 459)

Place par parcours/Femmes: 11 (de 72)

Meilleur temps dans le parcours: 17:20:20

Place par catégorie: 2(de 18)

Meilleur temps dans la catégorie: 20:27:00

Temps intermédiaires

Résultats d'étape

Résultat total

| Poste | Etape | | Etape | | | | Place | | Retard | | Total | | Total | | Total | | Place | | Retard | | |
|---------------------|-------|---------|--------|-------|-------|-------|--------|--------|----------|--------|-------|---------|-------|---------|--------|----------|--------|-------|---------|-------|---------|
| | km | Temps | min/km | catg. | catg. | Femme | Femmes | km | Temps | min/km | catg. | catg. | Femme | Femmes | km | Temps | min/km | catg. | catg. | Femme | Femmes |
| VP1 - Wilhelmsru | 6.94 | 42:04 | 6:03 | 1 | - | 9 | 5:07 | 6.94 | 42:04 | 6:03 | 1 | - | 9 | 5:07 | 6.94 | 42:04 | 6:03 | 1 | - | 9 | 5:07 |
| VP2 - Laufftreff Li | 5.69 | 35:13 | 6:11 | 2 | 1:27 | 9 | 3:42 | 12.63 | 1:17:17 | 6:07 | 2 | 0:12 | 7 | 8:40 | 12.63 | 1:17:17 | 6:07 | 2 | 0:12 | 7 | 8:40 |
| VP3 - Oranienbur | 5.74 | 34:16 | 5:58 | 2 | 1:27 | 10 | 3:49 | 18.37 | 1:51:33 | 6:04 | 2 | 1:39 | 9 | 12:19 | 18.37 | 1:51:33 | 6:04 | 2 | 1:39 | 9 | 12:19 |
| VP4 - Naturschut | 4.70 | 35:31 | 7:33 | 5 | 3:35 | 21 | 7:15 | 23.07 | 2:27:04 | 6:22 | 2 | 5:14 | 9 | 19:04 | 23.07 | 2:27:04 | 6:22 | 2 | 5:14 | 9 | 19:04 |
| VP5 - Frohnau | 6.80 | 41:35 | 6:06 | 1 | - | 5 | 4:58 | 29.87 | 3:08:39 | 6:18 | 2 | 2:18 | 8 | 23:08 | 29.87 | 3:08:39 | 6:18 | 2 | 2:18 | 8 | 23:08 |
| VP6 - Ruderclub | 4.06 | 29:30 | 7:15 | 4 | 3:55 | 15 | 6:45 | 33.93 | 3:38:09 | 6:25 | 2 | 6:13 | 8 | 29:43 | 33.93 | 3:38:09 | 6:25 | 2 | 6:13 | 8 | 29:43 |
| VP7 - Grenzturm | 4.75 | 31:58 | 6:43 | 2 | 0:01 | 13 | 5:50 | 38.68 | 4:10:07 | 6:27 | 2 | 5:28 | 8 | 35:33 | 38.68 | 4:10:07 | 6:27 | 2 | 5:28 | 8 | 35:33 |
| VP8 - Schönwald | 7.52 | 47:34 | 6:19 | 1 | - | 5 | 5:13 | 46.20 | 4:57:41 | 6:26 | 1 | - | 7 | 40:46 | 46.20 | 4:57:41 | 6:26 | 1 | - | 7 | 40:46 |
| VP9 - Falkenseer | 5.76 | 42:47 | 7:25 | 4 | 2:33 | 15 | 8:21 | 51.96 | 5:40:28 | 6:33 | 1 | - | 7 | 48:17 | 51.96 | 5:40:28 | 6:33 | 1 | - | 7 | 48:17 |
| VP10 - Karolinenl | 6.54 | 48:16 | 7:22 | 4 | 2:25 | 15 | 8:55 | 58.50 | 6:28:44 | 6:38 | 2 | 2:19 | 8 | 56:10 | 58.50 | 6:28:44 | 6:38 | 2 | 2:19 | 8 | 56:10 |
| VP11 - Pagel & Fi | 4.90 | 35:52 | 7:19 | 1 | - | 13 | 5:33 | 63.40 | 7:04:36 | 6:41 | 2 | 1:50 | 10 | 1:01:43 | 63.40 | 7:04:36 | 6:41 | 2 | 1:50 | 10 | 1:01:43 |
| VP12 - Schloss S | 7.62 | 56:17 | 7:23 | 1 | - | 7 | 10:38 | 71.02 | 8:00:53 | 6:46 | 2 | 0:48 | 10 | 1:12:21 | 71.02 | 8:00:53 | 6:46 | 2 | 0:48 | 10 | 1:12:21 |
| VP13 - Revierförs | 6.21 | 51:08 | 8:14 | 6 | 8:08 | 25 | 12:02 | 77.23 | 8:52:01 | 6:53 | 2 | 8:56 | 12 | 1:24:01 | 77.23 | 8:52:01 | 6:53 | 2 | 8:56 | 12 | 1:24:01 |
| VP14 - Brauhaus | 6.00 | 43:42 | 7:17 | 3 | 3:17 | 13 | 7:57 | 83.23 | 9:35:43 | 6:55 | 2 | 12:13 | 11 | 1:28:29 | 83.23 | 9:35:43 | 6:55 | 2 | 12:13 | 11 | 1:28:29 |
| VP15 - Gedenkst. | 6.90 | 50:13 | 7:16 | 2 | 0:10 | 8 | 8:58 | 90.13 | 10:25:56 | 6:56 | 2 | 12:23 | 11 | 1:29:31 | 90.13 | 10:25:56 | 6:56 | 2 | 12:23 | 11 | 1:29:31 |
| VP16 - Königswe | 6.87 | 1:01:37 | 8:58 | 5 | 12:52 | 18 | 14:28 | 97.00 | 11:27:33 | 7:05 | 2 | 25:15 | 10 | 1:42:24 | 97.00 | 11:27:33 | 7:05 | 2 | 25:15 | 10 | 1:42:24 |
| VP17 - Sportplatz | 6.20 | 1:05:26 | 10:33 | 3 | 2:36 | 16 | 20:33 | 103.20 | 12:32:59 | 7:17 | 2 | 25:47 | 12 | 1:55:56 | 103.20 | 12:32:59 | 7:17 | 2 | 25:47 | 12 | 1:55:56 |
| VP18 - Osdorfer | 6.50 | 54:08 | 8:19 | 4 | 7:03 | 14 | 12:25 | 109.70 | 13:27:07 | 7:21 | 2 | 32:50 | 11 | 2:08:21 | 109.70 | 13:27:07 | 7:21 | 2 | 32:50 | 11 | 2:08:21 |
| VP19 - Lichtenra | 5.70 | 51:29 | 9:01 | 2 | 4:00 | 10 | 10:08 | 115.40 | 14:18:36 | 7:26 | 2 | 36:50 | 10 | 2:17:13 | 115.40 | 14:18:36 | 7:26 | 2 | 36:50 | 10 | 2:17:13 |
| VP20 - Kirchhain | 4.37 | 40:00 | 9:09 | 3 | 6:43 | 19 | 13:15 | 119.77 | 14:58:36 | 7:30 | 2 | 43:33 | 10 | 2:30:28 | 119.77 | 14:58:36 | 7:30 | 2 | 43:33 | 10 | 2:30:28 |
| VP21 - Buckow | 6.43 | 57:49 | 8:59 | 3 | 6:12 | 14 | 16:08 | 126.20 | 15:56:25 | 7:34 | 2 | 49:16 | 10 | 2:46:36 | 126.20 | 15:56:25 | 7:34 | 2 | 49:16 | 10 | 2:46:36 |
| VP22 - Rudow | 4.90 | 51:03 | 10:25 | 6 | 7:23 | 22 | 18:03 | 131.10 | 16:47:28 | 7:41 | 2 | 53:37 | 10 | 3:04:39 | 131.10 | 16:47:28 | 7:41 | 2 | 53:37 | 10 | 3:04:39 |
| VP23 - Johannistl | 5.90 | 54:48 | 9:17 | 1 | - | 9 | 15:37 | 137.00 | 17:42:16 | 7:45 | 2 | 52:09 | 10 | 3:20:16 | 137.00 | 17:42:16 | 7:45 | 2 | 52:09 | 10 | 3:20:16 |
| VP24 - Dammwe | 5.70 | 57:46 | 10:08 | 4 | 7:17 | 21 | 16:54 | 142.70 | 18:40:02 | 7:50 | 2 | 59:26 | 10 | 3:36:00 | 142.70 | 18:40:02 | 7:50 | 2 | 59:26 | 10 | 3:36:00 |
| VP25 - East Side | 5.80 | 1:13:01 | 12:35 | 6 | 16:17 | 31 | 28:11 | 148.50 | 19:53:03 | 8:02 | 2 | 1:15:43 | 10 | 4:00:53 | 148.50 | 19:53:03 | 8:02 | 2 | 1:15:43 | 10 | 4:00:53 |
| VP26 - Checkpoir | 5.28 | 48:19 | 9:09 | 8 | 11:01 | 36 | 18:06 | 153.78 | 20:41:22 | 8:04 | 2 | 1:26:44 | 10 | 4:18:59 | 153.78 | 20:41:22 | 8:04 | 2 | 1:26:44 | 10 | 4:18:59 |
| VP27 - Gedenkst. | 3.32 | 55:20 | 16:40 | 9 | 19:13 | 37 | 28:02 | 157.10 | 21:36:42 | 8:15 | 2 | 1:45:57 | 10 | 4:47:01 | 157.10 | 21:36:42 | 8:15 | 2 | 1:45:57 | 10 | 4:47:01 |
| Friedrich-Ludwig | 4.60 | 53:00 | 11:31 | 8 | 16:45 | 35 | 53:00 | 161.70 | 22:29:42 | 8:20 | 2 | 2:02:42 | 12 | 5:09:22 | 161.70 | 22:29:42 | 8:20 | 2 | 2:02:42 | 12 | 5:09:22 |