



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detalizēti rezultāti

Koenig, Jörg

Klubs: TUS Harsefeld

Numurs: 252

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M60 (60-64 Jahre)

Kopējais laiks: 25:27:52

Ātrums: 6.28 km/h

Skrējiena izpildījums: 9:30 min/km

Vieta distancē/Kopā: 122 (no 221)

Vieta distancē/Vīrieši: 109 (no 193)

Distances labākais laiks: 15:53:45

Vieta grupā: 5(no 11)

Grupas labākais laiks: 20:42:27

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|------------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| km 6,28 Gedenk: | 6.28 | 45:41 | 7:16 | 8 | 4:00 | 149 | 12:21 | 6.28 | 45:41 | 7:16 | 8 | 4:00 | 149 | 12:21 |
| km 11,32 Behms | 5.04 | 36:53 | 7:19 | 8 | 5:49 | 172 | 12:11 | 11.32 | 1:22:34 | 7:17 | 8 | 9:41 | 162 | 24:32 |
| km 22,10 Lübars | 10.78 | 1:21:58 | 7:36 | 10 | 11:23 | 172 | 31:02 | 22.10 | 2:44:32 | 7:26 | 9 | 19:45 | 170 | 51:21 |
| km 32,52 Naturs | 10.42 | 1:24:16 | 8:05 | 9 | 11:39 | 169 | 32:30 | 32.52 | 4:08:48 | 7:39 | 10 | 31:24 | 172 | 1:19:18 |
| km 43,36 Ruderc | 10.84 | 1:30:47 | 8:22 | 8 | 18:36 | 147 | 37:59 | 43.36 | 5:39:35 | 7:49 | 8 | 47:05 | 161 | 1:55:24 |
| km 55,35 Schönv | 11.99 | 1:38:01 | 8:10 | 5 | 16:31 | 136 | 37:44 | 55.35 | 7:17:36 | 7:54 | 8 | 59:16 | 158 | 2:33:08 |
| km 68,07 Garten | 12.72 | 1:55:44 | 9:05 | 5 | 24:01 | 128 | 42:47 | 68.07 | 9:13:20 | 8:07 | 7 | 1:13:58 | 148 | 3:15:11 |
| km 80,53 Schloß | 12.46 | 2:02:53 | 9:51 | 7 | 28:57 | 124 | 51:50 | 80.53 | 11:16:13 | 8:23 | 7 | 1:42:55 | 144 | 3:59:05 |
| km 99,65 Geden | 19.12 | 3:01:52 | 9:30 | 6 | 48:31 | 122 | 1:17:09 | 99.65 | 14:18:05 | 8:36 | 8 | 2:15:40 | 135 | 5:03:03 |
| km 112,75 Sport | 13.10 | 2:18:52 | 10:36 | 6 | 2:12:00 | 107 | 2:12:00 | 112.75 | 16:36:57 | 8:50 | 7 | 2:50:54 | 127 | 6:00:28 |
| km 124,92 Lichte | 12.17 | 2:00:45 | 9:55 | 3 | 13:01 | 45 | 41:59 | 124.92 | 18:37:42 | 8:56 | 6 | 2:52:55 | 113 | 6:40:52 |
| km 134,98 Buck | 10.06 | 1:42:17 | 10:10 | 4 | 15:31 | 93 | 44:48 | 134.98 | 20:19:59 | 9:02 | 6 | 3:08:24 | 113 | 7:19:16 |
| Test | 9.89 | 1:59:02 | 12:02 | 6 | 35:50 | 99 | 56:15 | 144.87 | 22:19:01 | 9:14 | 5 | 3:44:14 | 106 | 8:15:08 |
| Stadion Lobeckst | 16.01 | 3:08:51 | 11:47 | 8 | 1:01:11 | 116 | 1:18:59 | 160.90 | 25:27:52 | 9:29 | 5 | 4:45:25 | 109 | 9:34:07 |