



Detailed evaluation

Gard Haugland

Number: 62

Course: 226.00 km
Ultra Triathlon

Category:
Male

Total time: 19:33:32

Speed: 11.55 km/h
Running performance: 5:12 min/km

Rank in course/Total: 89 (of 99)

Rank in course/Men: 84 (of 91)

Best time in course: 11:24:54

Rank in category: 84(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	2:08:53	-	61	52:24	61	52:24	-	2:08:53	-	61	52:24	61	52:24
Start Bike	-	15:45	-	60	12:20	60	12:20	-	2:24:38	-	63	59:38	63	59:38
Peak 932	-	1:54:07	-	86	58:25	86	58:25	-	4:18:45	-	79	1:44:44	79	1:44:44
Exit Fv986	-	39:39	-	73	24:07	73	24:07	-	4:58:24	-	78	1:55:25	78	1:55:25
Top Hunnedalen	-	1:18:45	-	83	40:08	83	40:08	-	6:17:09	-	80	2:34:02	80	2:34:02
Byrkjedalstunet	-	1:08:27	-	69	57:30	69	57:30	-	7:25:36	-	79	2:53:35	79	2:53:35
Exit at 113	-	45:13	-	73	13:14	73	13:14	-	8:10:49	-	80	3:06:49	80	3:06:49
Exit E39	-	57:48	-	84	39:27	84	39:27	-	9:08:37	-	81	3:26:32	81	3:26:32
Exit RV44	-	2:06:54	-	78	47:05	78	47:05	-	11:15:31	-	84	4:03:17	84	4:03:17
Off Bike	-	33:08	-	46	6:49	46	6:49	-	11:48:39	-	79	4:07:31	79	4:07:31
Start Run	-	21:13	-	80	19:58	80	19:58	-	12:09:52	-	81	4:27:29	81	4:27:29
Tjelta	-	1:51:23	-	79	1:16:55	79	1:16:55	-	14:01:15	-	84	5:30:02	84	5:30:02
Solastrand Hotel	-	1:32:14	-	79	1:01:49	79	1:01:49	-	15:33:29	-	84	6:07:37	84	6:07:37
Kvernevik 1	-	1:47:26	-	72	1:02:20	72	1:02:20	-	17:20:55	-	83	6:53:50	83	6:53:50
Kvernevik 2	-	40:49	-	83	29:01	83	29:01	-	18:01:44	-	84	7:22:22	84	7:22:22
Finish	-	1:31:48	-	83	47:14	83	47:14	226.00	19:33:32	-	84	8:08:38	84	8:08:38