



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

□□□□

Gindera, Elke

□□□: 1:51:12

□□: Hohe Ward Gazellen/TuS Hilstrup

□□: 7.01 km/h

□□: 1034

□□□□□□: 414

□□: 13.00 km

□□□□: 19.21

Walking

□□□□: 135 □