



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

□□□□

Zurek-Imhoff, Beatrix

□□□: 2:35:05

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 7.54 km/h

□□: 1138

□□□□□□: 100

□□: 19.50 km

□□□□: 20.50

Walking 20 km

□□□□: 158 □