



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

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Drees, Günter

□□□: 2:14:29

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 8.48 km/h

□□: 1120

□□□□□□: 100

□□: 19.50 km

□□□□: 20.50

Walking 20 km

□□□□: 183 □