



## 5. Walk in Herne

Herne / 14.03.2010

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Lensing, Bärbel

□□: Koronarsportverein Distel-Walker

□□: 13526

□□: 13.00 km

Nordic Walking

□□□: 2:06:41

□□: 6.16 km/h

□□□□□□: 180

□□□□: 15.70

□□□□: 97 □