

7. Lorscher Triathlon 2010 Lorsch / 01.08.2010



Moll, Barbara

□□: SV Nikar Heidelberg

□□: 90

□□: 25.50 km

Lorscher Triathlon 0,5-20-5

Seniorinnen 3 (TW 50-54)

□□□: 1:12:05

_____: 84 (of 317)

□□□□/□: 7 (of 76)

| 1:02:40

____: 1(of 7)

____: 1:12:05

ППП														

	km		km/h	-	-			km		km/h	-	-		
Schwimmen	0.50	8:52	0.00	1	-	5	1:12	0.50	8:52	0.00	8		39	
Rad	20.00	37:29	32.01	1	-	6	3:29	20.50	46:21	25.89	8		42	
Lauf	5.00	25:44	11.66	3	1:07	22	6:51	25.50	1:12:05	20.81	1	-	7	9:25