



MTB-Marathon Braunlage

Braunlage / 07.08.2010

□□□□

Rokahr, Holger

□□□: 5:07:32

□□: Springe

□□: 18.53 km/h

□□: 120

□□: 95.00 km

□□□□□/□□□: 31 (of 39)

Marathon-Tour lang

□□□□□/□: 31 (of 38)

□□□□□□: 3:50:19

□□□□:

□□□□□: 11(of 38)

Herren

□□□□□□□: 3:51:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.29	47:15	13.97	32	11:44	32	11:44	11.29	47:15	13.97	17		17	
□□ 2	19.00	58:01	19.65	31	13:10	31	13:10	30.29	1:45:16	17.10	17	7:20	17	7:20
□□ 3	19.00	59:49	19.06	28	13:56	28	13:56	49.29	2:45:05	17.81	16	8:54	16	8:54
□□ 4	19.00	1:07:31	16.88	34	19:47	34	19:47	68.29	3:52:36	17.54	15	26:31	15	26:31
□□ 5	19.00	1:05:56	17.29	30	19:02	30	19:02	87.29	4:58:32	17.49	15	19:23	15	19:23
□□□ Ziel	7.71	9:00	46.67	21	1:06	21	1:06	95.00	5:07:32	18.53	36	3:08:23	36	3:08:23