



5. Warburger Walking Tag  
Warburg / 04.09.2010

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Ellebracht, Heiko

□□: Diemel Walker Warburg

□□: 340

□□: 4.80 km

4.8 km Nordic Walking

□□□: 1:00:25

□□: 3.97 km/h

□□□□□□: 76

□□□□: 5.14

□□□□: 28 □