



3. Via Solutions Wartburg Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 18.09.2010

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Alea-Sanitas - Powerteam mit Biss

□□□: 7:16:29

□□: Alea-Sanitas - Powerteam mit Biss

□□: 7.42 km/h

□□: 18

□□□□: 8:01 min/km

□□: 54.40 km

Nordic Walking Frauen

□□□□□: 1 (of 3)

□□□□□□: 7:16:29

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□□□□□: 1(of 3)

Staffel

□□□□□□□: 7:16:29

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|--------------|----------|----------|--------------|---------|---------|-----------|-----------|-------|---------|------|---------|---------|-----------|-----------|
| Pumpälzsteg | 11.20 | 1:35:09 | 8:29 | 2 | 3:12 | 2 | 3:12 | 11.20 | 1:35:09 | 8:29 | 1 | - | 1 | - |
| Hubertushaus | 10.80 | 1:18:00 | 7:13 | 1 | - | 1 | - | 22.00 | 2:53:09 | 7:52 | 1 | - | 1 | - |
| Wartburg | 10.80 | 1:25:07 | 7:52 | 1 | - | 1 | - | 32.80 | 4:18:16 | 7:52 | 1 | - | 1 | - |
| Hubertushaus | 10.80 | 1:23:32 | 7:44 | 1 | - | 1 | - | 43.60 | 5:41:48 | 7:50 | 1 | - | 1 | - |
| Ziel | 10.80 | 1:34:41 | 8:46 | 3 | 6:42 | 3 | 6:42 | 54.40 | 7:16:29 | 8:01 | 1 | - | 1 | - |