



3. Via Solutions Wartburg Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 18.09.2010

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Alea-Sanitas - Powerteam mit Biss

□□□: 5:38:01

□□: Alea-Sanitas - Powerteam mit Biss

□□: 9.59 km/h

□□: 12

□□□□: 6:13 min/km

□□: 54.40 km

Lauf Frauen

□□□□□: 2 (of 2)

□□□□□□: 5:34:21

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□□□□□: 2(of 2)

Staffel

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Pumpälzsteg	11.20	1:00:13	5:22	1	-	1	-	11.20	1:00:13	5:22	2	-	2	
Hubertushaus	10.80	1:09:13	6:24	2	7:27	2	7:27	22.00	2:09:26	5:53	2	5:18	2	5:18
Wartburg	10.80	54:30	5:02	1	-	1	-	32.80	3:03:56	5:36	2	-	2	
Hubertushaus	10.80	1:31:52	8:30	2	22:37	2	22:37	43.60	4:35:48	6:19	2	8:25	2	8:25
Ziel	10.80	1:02:13	5:45	1	-	1	-	54.40	5:38:01	6:12	2	3:40	2	3:40