



38. SOLA-Stafette

Zürich / 07.05.2011

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Project 99

□□: ETH

□□: 106

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 9:54:50

□□: 11.70 km/h

□□□□: 5:05 min/km

□□□□□: 265 (of 790)

□□□□□□: 6:52:28

□□□□□: 60(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:51	48	4:12	147	5:35	4.40	21:24	4:51	1	21:24	1	21:24
Buchlern	13.25		4:20	59	9:55	190	14:25	17.65	1:18:50	4:27	1	1:18:50	1	1:18:50
Uetliberg	6.20		5:54	124	7:23	302	10:59	23.85	1:55:25	4:50	1	1:55:25	1	1:55:25
Felsenegg	5.90		4:47	71	5:37	181	8:18	29.75	2:23:40	4:49	1	2:23:40	1	2:23:40
Buchlern	14.02		4:57	187	17:44	405	21:45	43.77	3:33:13	4:52	1	3:33:13	1	3:33:13
Hönggerberg	11.10		5:14	200	16:25	417	19:06	54.87	4:31:28	4:56	1	4:31:28	1	4:31:28
Irchel	5.10		6:26	391	13:43	689	16:03	59.97	5:04:17	5:04	1	5:04:17	1	5:04:17
Fluntern	6.34		4:49	78	6:45	213	8:50	66.31	5:34:55	5:03	1	5:34:55	1	5:34:55
Forch	11.30		5:30	274	20:38	528	23:30	77.61	6:37:05	5:06	1	6:37:05	1	6:37:05
Egg	8.75		5:25	222	13:59	458	15:13	86.36	7:24:29	5:08	1	7:24:29	1	7:24:29
Zumikon	12.99		5:00	105	11:53	284	18:02	99.35	8:29:30	5:07	1	8:29:30	1	8:29:30
Witikon	6.91		4:24	101	6:40	244	9:28	106.26	9:00:00	5:04	1	9:00:00	1	9:00:00
Fluntern	4.90		5:57	349	12:22	632	12:54	111.16	9:29:13	5:07	1	9:29:13	1	9:29:13
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Irchel	5.64		4:32	72	5:24	180	6:58	116.80	9:54:50	5:05	68	1:44:38	279	3:02:54