



38. SOLA-Stafette

Zürich / 07.05.2011

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All-on-2

□□: Alumni

□□: 163

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:35:24

□□: 10.95 km/h

□□□□: 5:26 min/km

□□□□□: 546 (of 790)

□□□□□□: 6:52:28

□□□□□: 259(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:17	155	6:06	337	7:29	4.40	23:18	5:17	1	23:18	1	23:18
Buchlern	13.25		4:55	280	17:46	536	22:16	17.65	1:28:35	5:01	1	1:28:35	1	1:28:35
Uetliberg	6.20		7:09	403	15:14	699	18:50	23.85	2:13:01	5:34	1	2:13:01	1	2:13:01
Felsenegg	5.90		5:45	319	11:22	580	14:03	29.75	2:47:01	5:36	1	2:47:01	1	2:47:01
Buchlern	14.02		5:27	342	24:42	625	28:43	43.77	4:03:32	5:33	1	4:03:32	1	4:03:32
Hönggerberg	11.10		5:35	306	20:13	566	22:54	54.87	5:05:35	5:34	1	5:05:35	1	5:05:35
Irchel	5.10		4:50	78	5:38	206	7:58	59.97	5:30:19	5:30	1	5:30:19	1	5:30:19
Fluntern	6.34		4:53	93	7:07	242	9:12	66.31	6:01:19	5:26	1	6:01:19	1	6:01:19
Forch	11.30		6:10	413	28:20	715	31:12	77.61	7:11:11	5:33	1	7:11:11	1	7:11:11
Egg	8.75		5:29	247	14:35	488	15:49	86.36	7:59:11	5:32	1	7:59:11	1	7:59:11
Zumikon	12.99		5:01	111	12:03	294	18:12	99.35	9:04:22	5:28	1	9:04:22	1	9:04:22
Witikon	6.91		4:42	182	8:43	392	11:31	106.26	9:36:55	5:25	1	9:36:55	1	9:36:55
Fluntern	4.90		5:03	153	7:58	365	8:30	111.16	10:01:44	5:24	1	10:01:44	1	10:01:44
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Irchel	5.64		5:58	396	13:27	696	15:01	116.80	10:35:24	5:26	270	2:25:12	564	3:43:28