



38. SOLA-Stafette

Zürich / 07.05.2011

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DARPin Runners

□□: Alumni
 □□: 199

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 11:10:30

□□: 10.45 km/h
 □□□□: 5:44 min/km

□□□□□: 710 (of 790)

□□□□□□: 6:52:28

□□□□□: 409(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		7:12	461	14:33	772	15:56	4.40	31:45	7:12	1	31:45	1	31:45
Buchlern	13.25		5:08	347	20:40	626	25:10	17.65	1:39:56	5:39	1	1:39:56	1	1:39:56
Uetliberg	6.20		6:57	367	13:58	658	17:34	23.85	2:23:06	6:00	1	2:23:06	1	2:23:06
Felsenegg	5.90		4:42	55	5:09	148	7:50	29.75	2:50:53	5:44	1	2:50:53	1	2:50:53
Buchlern	14.02		6:39	463	41:35	773	45:36	43.77	4:24:17	6:02	1	4:24:17	1	4:24:17
Hönggerberg	11.10		5:54	384	23:46	667	26:27	54.87	5:29:53	6:00	1	5:29:53	1	5:29:53
Irchel	5.10		4:43	60	4:59	169	7:19	59.97	5:53:58	5:54	1	5:53:58	1	5:53:58
Fluntern	6.34		4:57	110	7:30	271	9:35	66.31	6:25:21	5:48	1	6:25:21	1	6:25:21
Forch	11.30		5:22	231	19:14	467	22:06	77.61	7:26:07	5:44	1	7:26:07	1	7:26:07
Egg	8.75		5:34	277	15:26	528	16:40	86.36	8:14:58	5:43	1	8:14:58	1	8:14:58
Zumikon	12.99		6:22	434	29:45	739	35:54	99.35	9:37:51	5:48	1	9:37:51	1	9:37:51
Witikon	6.91		5:12	326	12:08	595	14:56	106.26	10:13:49	5:46	1	10:13:49	1	10:13:49
Fluntern	4.90		5:48	320	11:37	593	12:09	111.16	10:42:17	5:46	1	10:42:17	1	10:42:17
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Irchel	5.64		5:00	187	8:00	386	9:34	116.80	11:10:30	5:44	421	3:00:18	730	4:18:34