



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Don Camillo

□□: Alumni

□□: 206

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:59:58

□□: 10.55 km/h

□□□□: 5:39 min/km

□□□□□: 671 (of 790)

□□□□□□: 6:52:28

□□□□□: 374 (of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:24	188	6:35	393	7:58	4.40	23:47	5:24	1	23:47	1	23:47
Buchlern	13.25		4:52	255	17:03	503	21:33	17.65	1:28:21	5:00	1	1:28:21	1	1:28:21
Uetliberg	6.20		6:59	374	14:06	665	17:42	23.85	2:11:39	5:31	1	2:11:39	1	2:11:39
Felsenegg	5.90		5:46	325	11:28	588	14:09	29.75	2:45:45	5:34	1	2:45:45	1	2:45:45
Buchlern	14.02		5:04	228	19:19	464	23:20	43.77	3:56:53	5:24	1	3:56:53	1	3:56:53
Hönggerberg	11.10		5:33	299	19:49	557	22:30	54.87	4:58:32	5:26	1	4:58:32	1	4:58:32
Irchel	5.10		5:07	130	7:03	302	9:23	59.97	5:24:41	5:24	1	5:24:41	1	5:24:41
Fluntern	6.34		6:01	389	14:17	678	16:22	66.31	6:02:51	5:28	1	6:02:51	1	6:02:51
Forch	11.30		6:15	417	29:08	721	32:00	77.61	7:13:31	5:35	1	7:13:31	1	7:13:31
Egg	8.75		6:16	420	21:31	719	22:45	86.36	8:08:27	5:39	1	8:08:27	1	8:08:27
Zumikon	12.99		5:44	326	21:25	611	27:34	99.35	9:23:00	5:40	1	9:23:00	1	9:23:00
Witikon	6.91		5:27	381	13:50	666	16:38	106.26	10:00:40	5:39	1	10:00:40	1	10:00:40
Fluntern	4.90		5:34	261	10:28	516	11:00	111.16	10:27:59	5:38	1	10:27:59	1	10:27:59
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Irchel	5.64		5:40	356	11:46	638	13:20	116.80	10:59:58	5:39	386	2:49:46	690	4:08:02