



38. SOLA-Stafette

Zürich / 07.05.2011

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UNISYS Imagine it. run

□□: Alumni
 □□: 349

□□: 116.80 km
 Sola-Stafette

□□□□:
 Langsame

□□□: 11:33:33

□□: 10.04 km/h
 □□□□: 5:56 min/km

□□□□□: 751 (of 790)

□□□□□□: 6:52:28

□□□□□: 446(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:58	75	4:40	195	6:03	4.40	21:52	4:58	1	21:52	1	21:52
Buchlern	13.25		5:19	388	22:57	677	27:27	17.65	1:32:20	5:13	1	1:32:20	1	1:32:20
Uetliberg	6.20		8:04	454	20:53	760	24:29	23.85	2:22:25	5:58	1	2:22:25	1	2:22:25
Felsenegg	5.90		5:38	288	10:39	539	13:20	29.75	2:55:42	5:54	1	2:55:42	1	2:55:42
Buchlern	14.02		5:02	218	18:57	451	22:58	43.77	4:06:28	5:37	1	4:06:28	1	4:06:28
Hönggerberg	11.10		5:58	396	24:25	683	27:06	54.87	5:12:43	5:41	1	5:12:43	1	5:12:43
Irchel	5.10		5:25	197	8:35	420	10:55	59.97	5:40:24	5:40	1	5:40:24	1	5:40:24
Fluntern	6.34		5:23	262	10:16	510	12:21	66.31	6:14:33	5:38	1	6:14:33	1	6:14:33
Forch	11.30		5:47	352	23:59	638	26:51	77.61	7:20:04	5:40	1	7:20:04	1	7:20:04
Egg	8.75		6:21	432	22:16	732	23:30	86.36	8:15:45	5:44	1	8:15:45	1	8:15:45
Zumikon	12.99		6:37	453	33:02	761	39:11	99.35	9:41:55	5:51	1	9:41:55	1	9:41:55
Witikon	6.91		5:46	416	16:05	718	18:53	106.26	10:21:50	5:51	1	10:21:50	1	10:21:50
Fluntern	4.90		6:08	383	13:14	671	13:46	111.16	10:51:55	5:51	1	10:51:55	1	10:51:55
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Irchel	5.64		7:22	468	21:25	781	22:59	116.80	11:33:33	5:56	458	3:23:21	771	4:41:37