



38. SOLA-Stafette

Zürich / 07.05.2011

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Walder Wyss

□□: G_ste
□□: 361

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 10:03:22

□□: 11.54 km/h
□□□□: 5:09 min/km

□□□□□: 330 (of 790)

□□□□□□: 6:52:28

□□□□□: 99(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:20	169	6:17	358	7:40	4.40	23:29	5:20	1	23:29	1	23:29
Buchlern	13.25		5:15	376	22:12	662	26:42	17.65	1:33:12	5:16	1	1:33:12	1	1:33:12
Uetliberg	6.20		6:29	288	11:06	541	14:42	23.85	2:13:30	5:35	1	2:13:30	1	2:13:30
Felsenegg	5.90		5:01	124	7:03	289	9:44	29.75	2:43:11	5:29	1	2:43:11	1	2:43:11
Buchlern	14.02		5:22	316	23:31	591	27:32	43.77	3:58:31	5:26	1	3:58:31	1	3:58:31
Hönggerberg	11.10		5:02	146	14:13	328	16:54	54.87	4:54:34	5:22	1	4:54:34	1	4:54:34
Irchel	5.10		4:45	64	5:10	178	7:30	59.97	5:18:50	5:18	1	5:18:50	1	5:18:50
Fluntern	6.34		4:23	21	3:58	81	6:03	66.31	5:46:41	5:13	1	5:46:41	1	5:46:41
Forch	11.30		5:11	169	17:05	369	19:57	77.61	6:45:18	5:13	1	6:45:18	1	6:45:18
Egg	8.75		5:01	96	10:34	255	11:48	86.36	7:29:17	5:12	1	7:29:17	1	7:29:17
Zumikon	12.99		5:03	125	12:38	315	18:47	99.35	8:35:03	5:11	1	8:35:03	1	8:35:03
Witikon	6.91		4:41	175	8:35	382	11:23	106.26	9:07:28	5:09	1	9:07:28	1	9:07:28
Fluntern	4.90		6:02	368	12:45	653	13:17	111.16	9:37:04	5:11	1	9:37:04	1	9:37:04
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Irchel	5.64		4:39	102	6:05	243	7:39	116.80	10:03:22	5:09	109	1:53:10	346	3:11:26