



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## ipwinners 1

□□: Ang.

□□: 425

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:45:27

□□: 10.78 km/h

□□□□: 5:31 min/km

□□□□□: 601 (of 790)

□□□□□□: 6:52:28

□□□□□: 309(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:29	21	2:34	72	3:57	4.40	19:46	4:29	1	19:46	1	19:46
Buchlern	13.25		4:54	266	17:28	518	21:58	17.65	1:24:45	4:48	1	1:24:45	1	1:24:45
Uetliberg	6.20		7:52	445	19:36	750	23:12	23.85	2:13:33	5:35	1	2:13:33	1	2:13:33
Felsenegg	5.90		4:59	114	6:48	275	9:29	29.75	2:42:59	5:28	1	2:42:59	1	2:42:59
Buchlern	14.02		5:23	327	23:53	604	27:54	43.77	3:58:41	5:27	1	3:58:41	1	3:58:41
Hönggerberg	11.10		4:24	29	7:02	78	9:43	54.87	4:47:33	5:14	1	4:47:33	1	4:47:33
Irchel	5.10		6:34	406	14:24	705	16:44	59.97	5:21:03	5:21	1	5:21:03	1	5:21:03
Fluntern	6.34		6:13	420	15:38	722	17:43	66.31	6:00:34	5:26	1	6:00:34	1	6:00:34
Forch	11.30		5:21	225	19:03	459	21:55	77.61	7:01:09	5:25	1	7:01:09	1	7:01:09
Egg	8.75		5:42	314	16:28	582	17:42	86.36	7:51:02	5:27	1	7:51:02	1	7:51:02
Zumikon	12.99		6:40	455	33:40	763	39:49	99.35	9:17:50	5:36	1	9:17:50	1	9:17:50
Witikon	6.91		4:39	160	8:22	361	11:10	106.26	9:50:02	5:33	1	9:50:02	1	9:50:02
Fluntern	4.90		4:41	68	6:10	217	6:42	111.16	10:13:03	5:30	1	10:13:03	1	10:13:03
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Irchel	5.64		5:44	365	12:11	651	13:45	116.80	10:45:27	5:31	321	2:35:15	620	3:53:31