



38. SOLA-Stafette

Zürich / 07.05.2011

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Solala-Ohlala

□□: UNI
□□: 46

□□: 116.80 km
Sola-Stafette

□□□□:
Langsame

□□□: 9:41:20

□□: 12.06 km/h
□□□□: 4:58 min/km

□□□□□: 194 (of 790)

□□□□□□: 6:52:28

□□□□□: 28(of 477)

□□□□□□□: 8:43:10

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:38	258	7:38	505	9:01	4.40	24:50	5:38	1	24:50	1	24:50
Buchlern	13.25		4:14	42	8:44	148	13:14	17.65	1:21:05	4:35	1	1:21:05	1	1:21:05
Uetliberg	6.20		4:55	5	1:23	36	4:59	23.85	1:51:40	4:40	1	1:51:40	1	1:51:40
Felsenegg	5.90		5:15	175	8:26	375	11:07	29.75	2:22:44	4:47	1	2:22:44	1	2:22:44
Buchlern	14.02		5:23	326	23:52	602	27:53	43.77	3:38:25	4:59	1	3:38:25	1	3:38:25
Hönggerberg	11.10		5:01	139	14:02	319	16:43	54.87	4:34:17	4:59	1	4:34:17	1	4:34:17
Irchel	5.10		4:54	89	5:55	227	8:15	59.97	4:59:18	4:59	1	4:59:18	1	4:59:18
Fluntern	6.34		4:59	127	7:48	302	9:53	66.31	5:30:59	4:59	1	5:30:59	1	5:30:59
Forch	11.30		4:44	48	12:05	165	14:57	77.61	6:24:36	4:57	1	6:24:36	1	6:24:36
Egg	8.75		5:09	132	11:46	318	13:00	86.36	7:09:47	4:58	1	7:09:47	1	7:09:47
Zumikon	12.99		5:03	126	12:40	318	18:49	99.35	8:15:35	4:59	1	8:15:35	1	8:15:35
Witikon	6.91		4:52	235	9:48	472	12:36	106.26	8:49:13	4:58	1	8:49:13	1	8:49:13
Fluntern	4.90		5:21	214	9:25	461	9:57	111.16	9:15:29	4:59	1	9:15:29	1	9:15:29
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Irchel	5.64		4:35	83	5:38	203	7:12	116.80	9:41:20	4:58	34	1:31:08	204	2:49:24