



38. SOLA-Stafette

Zürich / 07.05.2011

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SchuehSOLA

□□: ETH

□□: 552

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:45:09

□□: 11.89 km/h

□□□□: 5:03 min/km

□□□□□: 208 (of 790)

□□□□□□: 6:52:28

□□□□□: 178(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:06	156	6:39	259	6:39	4.40	22:28	5:06	1	22:28	1	22:28
Buchlern	13.25		4:13	98	12:54	131	12:54	17.65	1:18:23	4:26	1	1:18:23	1	1:18:23
Uetliberg	6.20		5:54	179	10:59	302	10:59	23.85	1:54:58	4:49	1	1:54:58	1	1:54:58
Felsenegg	5.90		5:28	229	12:21	461	12:21	29.75	2:27:16	4:57	1	2:27:16	1	2:27:16
Buchlern	14.02		4:40	156	17:44	250	17:44	43.77	3:32:48	4:51	1	3:32:48	1	3:32:48
Hönggerberg	11.10		5:33	258	22:29	554	22:29	54.87	4:34:26	5:00	1	4:34:26	1	4:34:26
Irchel	5.10		6:03	282	14:06	618	14:06	59.97	5:05:18	5:05	1	5:05:18	1	5:05:18
Fluntern	6.34		4:46	123	8:30	189	8:30	66.31	5:35:36	5:03	1	5:35:36	1	5:35:36
Forch	11.30		5:29	254	23:27	526	23:27	77.61	6:37:43	5:07	1	6:37:43	1	6:37:43
Egg	8.75		5:05	174	12:22	288	12:22	86.36	7:22:16	5:07	1	7:22:16	1	7:22:16
Zumikon	12.99		4:27	63	10:56	79	10:56	99.35	8:20:11	5:02	1	8:20:11	1	8:20:11
Witikon	6.91		5:32	294	17:16	692	17:16	106.26	8:58:29	5:04	1	8:58:29	1	8:58:29
Fluntern	4.90		4:33	117	5:59	169	5:59	111.16	9:20:47	5:02	1	9:20:47	1	9:20:47
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Irchel	5.64		4:19	65	5:43	97	5:43	116.80	9:45:09	5:00	183	2:53:13	219	2:53:13