



# 38. SOLA-Stafette

Zürich / 07.05.2011

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Danio rerio

□□: ETH

□□: 68

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:32:55

□□: 11.00 km/h

□□□□: 5:25 min/km

□□□□□: 529 (of 790)

□□□□□□: 6:52:28

□□□□□: 247(of 477)

□□□□□□□: 8:43:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:57	73	4:36	189	5:59	4.40	21:48	4:57	1	21:48	1	21:48
Buchlern	13.25		4:55	279	17:45	535	22:15	17.65	1:27:04	4:55	1	1:27:04	1	1:27:04
Uetliberg	6.20		6:46	336	12:46	614	16:22	23.85	2:09:02	5:24	1	2:09:02	1	2:09:02
Felsenegg	5.90		5:09	151	7:49	338	10:30	29.75	2:39:29	5:21	1	2:39:29	1	2:39:29
Buchlern	14.02		5:23	323	23:48	599	27:49	43.77	3:55:06	5:22	1	3:55:06	1	3:55:06
Hönggerberg	11.10		5:20	229	17:28	460	20:09	54.87	4:54:24	5:21	1	4:54:24	1	4:54:24
Irchel	5.10		5:06	123	6:56	292	9:16	59.97	5:20:26	5:20	1	5:20:26	1	5:20:26
Fluntern	6.34		5:20	246	10:01	490	12:06	66.31	5:54:20	5:20	1	5:54:20	1	5:54:20
Forch	11.30		5:29	272	20:34	525	23:26	77.61	6:56:26	5:21	1	6:56:26	1	6:56:26
Egg	8.75		5:31	262	14:55	505	16:09	86.36	7:44:46	5:22	1	7:44:46	1	7:44:46
Zumikon	12.99		6:09	414	26:54	718	33:03	99.35	9:04:48	5:29	1	9:04:48	1	9:04:48
Witikon	6.91		4:05	40	4:24	114	7:12	106.26	9:33:02	5:23	1	9:33:02	1	9:33:02
Fluntern	4.90		4:40	67	6:05	209	6:37	111.16	9:55:58	5:21	1	9:55:58	1	9:55:58
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Irchel	5.64		6:33	450	16:44	760	18:18	116.80	10:32:55	5:25	258	2:22:43	547	3:40:59