



38. SOLA-Stafette

Zürich / 07.05.2011

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PSI 1

□□: Alumni
□□: 692

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 8:17:23

□□: 13.99 km/h
□□□□: 4:17 min/km

□□□□□: 25 (of 790)

□□□□□□: 6:52:28

□□□□□: 25(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:33	58	4:14	81	4:14	4.40	20:03	4:33	1	20:03	1	20:03
Buchlern	13.25		3:34	12	4:21	12	4:21	17.65	1:07:25	3:49	1	1:07:25	1	1:07:25
Uetliberg	6.20		5:09	47	6:21	60	6:21	23.85	1:39:22	4:09	1	1:39:22	1	1:39:22
Felsenegg	5.90		4:52	131	8:51	219	8:51	29.75	2:08:10	4:18	1	2:08:10	1	2:08:10
Buchlern	14.02		4:10	57	10:44	73	10:44	43.77	3:06:42	4:15	1	3:06:42	1	3:06:42
Hönggerberg	11.10		4:26	55	10:05	88	10:05	54.87	3:55:56	4:17	1	3:55:56	1	3:55:56
Irchel	5.10		4:00	23	3:41	29	3:41	59.97	4:16:23	4:16	1	4:16:23	1	4:16:23
Fluntern	6.34		4:30	80	6:47	112	6:47	66.31	4:44:58	4:17	1	4:44:58	1	4:44:58
Forch	11.30		4:31	73	12:24	101	12:24	77.61	5:36:02	4:19	1	5:36:02	1	5:36:02
Egg	8.75		4:40	86	8:44	111	8:44	86.36	6:16:57	4:21	1	6:16:57	1	6:16:57
Zumikon	12.99		4:19	48	9:11	57	9:11	99.35	7:13:07	4:21	1	7:13:07	1	7:13:07
Witikon	6.91		3:41	27	4:26	32	4:26	106.26	7:38:35	4:18	1	7:38:35	1	7:38:35
Fluntern	4.90		3:43	18	1:55	22	1:55	111.16	7:56:49	4:17	1	7:56:49	1	7:56:49
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Irchel	5.64		3:38	13	1:55	15	1:55	116.80	8:17:23	4:15	26	1:25:27	28	1:25:27