



38. SOLA-Stafette

Zürich / 07.05.2011

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Sudden Death

□□: Alumni

□□: 734

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:18:12

□□: 12.47 km/h

□□□□: 4:49 min/km

□□□□□: 92 (of 790)

□□□□□□: 6:52:28

□□□□□: 86(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:03	142	6:27	233	6:27	4.40	22:16	5:03	1	22:16	1	22:16
Buchlern	13.25		4:29	166	16:31	270	16:31	17.65	1:21:48	4:38	1	1:21:48	1	1:21:48
Uetliberg	6.20		5:44	146	9:57	235	9:57	23.85	1:57:21	4:55	1	1:57:21	1	1:57:21
Felsenegg	5.90		4:37	78	7:19	111	7:19	29.75	2:24:37	4:51	1	2:24:37	1	2:24:37
Buchlern	14.02		3:57	28	7:46	32	7:46	43.77	3:20:11	4:34	1	3:20:11	1	3:20:11
Hönggerberg	11.10		5:11	211	18:32	400	18:32	54.87	4:17:52	4:41	1	4:17:52	1	4:17:52
Irchel	5.10		5:06	170	9:16	292	9:16	59.97	4:43:54	4:44	1	4:43:54	1	4:43:54
Fluntern	6.34		4:12	34	4:56	45	4:56	66.31	5:10:38	4:41	1	5:10:38	1	5:10:38
Forch	11.30		5:01	173	18:05	287	18:05	77.61	6:07:23	4:44	1	6:07:23	1	6:07:23
Egg	8.75		5:24	236	15:12	457	15:12	86.36	6:54:46	4:48	1	6:54:46	1	6:54:46
Zumikon	12.99		4:41	118	13:58	163	13:58	99.35	7:55:43	4:47	1	7:55:43	1	7:55:43
Witikon	6.91		4:53	242	12:47	485	12:47	106.26	8:29:32	4:47	1	8:29:32	1	8:29:32
Fluntern	4.90		4:25	96	5:23	132	5:23	111.16	8:51:14	4:46	1	8:51:14	1	8:51:14
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Irchel	5.64		4:46	158	8:19	285	8:19	116.80	9:18:12	4:46	89	2:26:16	99	2:26:16