



38. SOLA-Stafette

Zürich / 07.05.2011

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Turizooh

□□: Alumni
□□: 744

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 9:11:23

□□: 12.62 km/h
□□□□: 4:45 min/km

□□□□□: 78 (of 790)

□□□□□□: 6:52:28

□□□□□: 73(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:45	84	5:07	124	5:07	4.40	20:56	4:45	1	20:56	1	20:56
Buchlern	13.25		4:12	91	12:40	120	12:40	17.65	1:16:37	4:20	1	1:16:37	1	1:16:37
Uetliberg	6.20		7:13	298	19:14	702	19:14	23.85	2:01:27	5:05	1	2:01:27	1	2:01:27
Felsenegg	5.90		5:39	253	13:28	551	13:28	29.75	2:34:52	5:12	1	2:34:52	1	2:34:52
Buchlern	14.02		3:57	29	7:47	33	7:47	43.77	3:30:27	4:48	1	3:30:27	1	3:30:27
Hönggerberg	11.10		4:50	142	14:36	240	14:36	54.87	4:24:12	4:48	1	4:24:12	1	4:24:12
Irchel	5.10		4:40	101	7:04	153	7:04	59.97	4:48:02	4:48	1	4:48:02	1	4:48:02
Fluntern	6.34		4:42	108	8:06	165	8:06	66.31	5:17:56	4:47	1	5:17:56	1	5:17:56
Forch	11.30		4:33	84	12:53	113	12:53	77.61	6:09:29	4:45	1	6:09:29	1	6:09:29
Egg	8.75		4:37	75	8:13	94	8:13	86.36	6:49:53	4:44	1	6:49:53	1	6:49:53
Zumikon	12.99		4:58	170	17:35	264	17:35	99.35	7:54:27	4:46	1	7:54:27	1	7:54:27
Witikon	6.91		3:42	29	4:38	34	4:38	106.26	8:20:07	4:42	1	8:20:07	1	8:20:07
Fluntern	4.90		4:38	139	6:28	202	6:28	111.16	8:42:54	4:42	1	8:42:54	1	8:42:54
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Irchel	5.64		5:03	206	9:50	407	9:50	116.80	9:11:23	4:43	76	2:19:27	85	2:19:27