



38. SOLA-Stafette

Zürich / 07.05.2011

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WSG, Ulm/Donau

□□: Alumni
 □□: 762

□□: 116.80 km
 Sola-Stafette

□□□□:
 Schnelle

□□□: 9:48:10

□□: 11.83 km/h
 □□□□: 5:04 min/km

□□□□□: 225 (of 790)

□□□□□□: 6:52:28

□□□□□: 186(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:23	204	7:56	390	7:56	4.40	23:45	5:23	1	23:45	1	23:45
Buchlern	13.25		4:48	238	20:36	465	20:36	17.65	1:27:22	4:56	1	1:27:22	1	1:27:22
Uetliberg	6.20		6:28	251	14:30	531	14:30	23.85	2:07:28	5:20	1	2:07:28	1	2:07:28
Felsenegg	5.90		6:13	295	16:45	703	16:45	29.75	2:44:10	5:31	1	2:44:10	1	2:44:10
Buchlern	14.02		4:52	199	20:28	355	20:28	43.77	3:52:26	5:18	1	3:52:26	1	3:52:26
Hönggerberg	11.10		4:43	117	13:20	187	13:20	54.87	4:44:55	5:11	1	4:44:55	1	4:44:55
Irchel	5.10		5:21	211	10:32	388	10:32	59.97	5:12:13	5:12	1	5:12:13	1	5:12:13
Fluntern	6.34		4:57	166	9:41	279	9:41	66.31	5:43:42	5:10	1	5:43:42	1	5:43:42
Forch	11.30		4:59	167	17:48	271	17:48	77.61	6:40:10	5:09	1	6:40:10	1	6:40:10
Egg	8.75		4:37	77	8:17	97	8:17	86.36	7:20:38	5:06	1	7:20:38	1	7:20:38
Zumikon	12.99		4:43	123	14:29	172	14:29	99.35	8:22:06	5:03	1	8:22:06	1	8:22:06
Witikon	6.91		4:42	212	11:33	399	11:33	106.26	8:54:41	5:01	1	8:54:41	1	8:54:41
Fluntern	4.90		5:01	207	8:20	352	8:20	111.16	9:19:20	5:01	1	9:19:20	1	9:19:20
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Irchel	5.64		5:06	220	10:11	432	10:11	116.80	9:48:10	5:02	192	2:56:14	239	2:56:14