



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Strukturkrise

□□: Alumni

□□: 825

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:43:51

□□: 11.92 km/h

□□□□: 5:02 min/km

□□□□□: 203 (of 790)

□□□□□□: 6:52:28

□□□□□: 173(of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hönggerberg	4.40		4:56	112	5:56	182	5:56	4.40	21:45	4:56	1	21:45	1	21:45	
Buchlern	13.25		4:06	78	11:23	100	11:23	17.65	1:16:09	4:18	1	1:16:09	1	1:16:09	
Uetliberg	6.20		5:39	133	9:28	206	9:28	23.85	1:51:13	4:39	1	1:51:13	1	1:51:13	
Felsenegg	5.90		4:28	61	6:26	76	6:26	29.75	2:17:36	4:37	1	2:17:36	1	2:17:36	
Buchlern	14.02		5:50	300	34:09	701	34:09	43.77	3:39:33	5:00	1	3:39:33	1	3:39:33	
Hönggerberg	11.10		5:10	207	18:15	386	18:15	54.87	4:36:57	5:02	1	4:36:57	1	4:36:57	
Irchel	5.10		6:22	296	15:47	675	15:47	59.97	5:09:30	5:09	1	5:09:30	1	5:09:30	
Fluntern	6.34		4:58	170	9:46	289	9:46	66.31	5:41:04	5:08	1	5:41:04	1	5:41:04	
Forch	11.30		4:46	125	15:19	179	15:19	77.61	6:35:03	5:05	1	6:35:03	1	6:35:03	
Egg	8.75		4:58	143	11:21	224	11:21	86.36	7:18:35	5:04	1	7:18:35	1	7:18:35	
Zumikon	12.99		4:50	144	15:49	215	15:49	99.35	8:21:23	5:02	1	8:21:23	1	8:21:23	
Witikon	6.91		4:15	104	8:21	163	8:21	106.26	8:50:46	4:59	1	8:50:46	1	8:50:46	
Fluntern	4.90		5:05	217	8:39	376	8:39	111.16	9:15:44	4:59	1	9:15:44	1	9:15:44	
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-	
Irchel	5.64		4:59	198	9:28	381	9:28	116.80	9:43:51	4:59	178	2:51:55	214	2:51:55	