



14. Allersheimer MTB-Marathon

Holzminden/ Neuhaus i.S. / 01.07.2012

□□□□

van Leeuwen, Misaël

□□□: 5:19:48

□□: MTB Team De Flexwinkel

□□: 18.39 km/h

□□: 33

□□: 98.00 km

□□□□□/□□□: 32 (of 39)

Langdistanz

□□□□□/□: 29 (of 36)

□□□□□□: 3:53:51

□□□□:

□□□□□: 13(of 17)

Masters männlich

□□□□□□□: 3:54:09

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	36:48	17.93	16	10:43	34	10:43	11.10	36:48	17.93	5	5:08	13	0:06
Donnershagen (\	16.00	57:02	16.83	13	15:29	27	15:56	27.10	1:33:50	17.26	5	11:47	13	
Turm Silberborn	16.40	49:29	19.40	13	10:55	30	10:55	43.50	2:23:19	18.00	5	17:10	13	
Haus des Gastes	5.50	10:23	28.89	15	1:47	29	4:58	49.00	2:33:42	19.13	5	17:46	13	
Steinborn (VP1)	11.10	40:07	16.45	15	11:41	32	11:49	60.10	3:13:49	18.57	13	50:03	13	0:47
Donnershagen (\	16.00	1:01:16	15.67	12	18:42	29	18:42	76.10	4:15:05	17.88	13	1:07:57	13	4:03
Turm Silberborn	16.40	53:45	17.86	13	15:16	27	15:37	92.50	5:08:50	17.87	13	1:23:13	13	3:12
□□	5.50	10:58	27.36	9	2:26	22	2:26	98.00	5:19:48	18.39	13	1:25:39	29	1:25:57