



# 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

0000

Syla, Elvira

00: Alea Sanitas

00: 924

00: 30.00 km

30 km Nordic Walking

0000:

Nordic Walking Frauen

000: 4:25:53

00: 6.77 km/h

0000: 8:52 min/km

00000/000: 2 (of 4)

00000/0: 1 (of 1)

000000: 4:25:53

00000: 1(of 1)

0000000: 4:25:53

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Pleß	18.00	2:35:30	8:38	1	-	1	-	18.00	2:35:30	8:38	1	-	1	-
Pleß	4.00	38:46	9:41	1	-	1	-	22.00	3:14:16	8:49	1	-	1	-
Festplatz	8.00	1:11:37	8:57	1	-	1	-	30.00	4:25:53	8:51	1	-	1	-