



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Mann, Matthias

00: Laufteam Wiesentheid
00: 369

00: 42.18 km
Marathon

0000:
Männer M55

000: 3:53:32

00: 10.79 km/h
0000: 5:32 min/km

00000/000: 47 (of 305)

00000/0: 45 (of 271)

000000: 3:01:21

00000: 2(of 12)

0000000: 3:17:56

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	1:41	3:22	5	0:26	69	0:32	0.50	1:41	3:22	2	0:26	63	
Runde	3.47	17:35	5:04	2	2:22	63	4:04	3.97	19:16	4:51	2	2:48	63	
Runde	3.47	18:15	5:15	2	2:49	75	4:01	7.44	37:31	5:02	2	5:37	61	
Runde	3.47	18:27	5:19	2	2:37	73	15:18	10.91	55:58	5:07	2	8:14	60	
Runde	3.47	18:56	5:27	2	2:45	87	4:35	14.38	1:14:54	5:12	2	10:59	58	
Runde	3.47	19:05	5:29	2	2:51	76	4:40	17.85	1:33:59	5:15	2	13:50	57	
Runde	3.47	19:13	5:32	2	2:45	60	4:38	21.32	1:53:12	5:18	2	16:35	56	26:04
Runde	3.47	19:37	5:39	2	3:01	58	5:05	24.79	2:12:49	5:21	2	19:36	56	30:46
Runde	3.47	19:26	5:36	2	2:23	41	5:01	28.26	2:32:15	5:23	2	21:59	51	34:58
Runde	3.47	19:41	5:40	2	2:32	37	4:42	31.73	2:51:56	5:25	2	24:31	49	38:25
Runde	3.47	20:24	5:52	2	2:54	35	4:57	35.20	3:12:20	5:27	2	27:25	45	38:10
Runde	3.47	21:14	6:07	2	4:49	41	5:22	38.67	3:33:34	5:31	2	32:14	44	48:26
Ziel	3.47	19:58	5:45	2	3:22	31	4:22	42.18	3:53:32	5:32	2	35:36	45	52:11