



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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neugebauer, alfred

□□□: 3:58:10

□□: Team Erdinger Alkoholfrei

□□: 10.58 km/h

□□: 147

□□□□: 5:39 min/km

□□: 42.18 km

□□□□□/□□□: 56 (of 305)

Marathon

□□□□□/□: 52 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 9(of 54)

Männer M40

□□□□□□□: 3:11:42

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:53	3:46	23	0:44	116	0:44	0.50	1:53	3:46	14	0:09	70		
Runde	3.47	17:24	5:00	10	3:19	59	3:53	3.97	19:17	4:51	13		70		
Runde	3.47	17:55	5:09	12	3:30	61	3:41	7.44	37:12	5:00	39		68		
Runde	3.47	17:47	5:07	8	3:17	51	14:38	10.91	54:59	5:02	38		67		
Runde	3.47	18:13	5:14	12	3:52	59	3:52	14.38	1:13:12	5:05	36		65		
Runde	3.47	19:02	5:29	16	4:13	72	4:37	17.85	1:32:14	5:10	36		64		
Runde	3.47	18:54	5:26	9	3:54	52	4:19	21.32	1:51:08	5:12	36		63	24:00	
Runde	3.47	20:59	6:02	18	5:13	92	6:27	24.79	2:12:07	5:19	36		63	30:04	
Runde	3.47	20:54	6:01	15	4:21	72	6:29	28.26	2:33:01	5:24	36		58	35:44	
Runde	3.47	21:04	6:04	12	3:34	60	6:05	31.73	2:54:05	5:29	35		56	40:34	
Runde	3.47	22:24	6:27	12	4:31	71	6:57	35.20	3:16:29	5:34	35		52	42:19	
Runde	3.47	21:24	6:10	7	3:49	47	5:32	38.67	3:37:53	5:38	35		51	52:45	
Ziel	3.47	20:17	5:50	5	3:21	36	4:41	42.18	3:58:10	5:38	9	46:28	52	56:49	