



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

□□□□

Merten, Detlef

□□□: 4:13:13

□□: Badenhausen

□□: 9.95 km/h

□□: 386

□□□□: 6:00 min/km

□□: 42.18 km

□□□□□/□□□: 88 (of 305)

Marathon

□□□□□/□: 83 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 18(of 54)

Männer M40

□□□□□□□: 3:11:42

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	1:42	3:23	14	0:33	72	0:33	0.50	1:42	3:23	22	-	-	57	
Runde	3.47	17:33	5:03	12	3:28	62	4:02	3.97	19:15	4:50	48	-	-	102	
Runde	3.47	19:06	5:30	24	4:41	106	4:52	7.44	38:21	5:09	48	-	-	100	
Runde	3.47	19:35	5:38	21	5:05	105	16:26	10.91	57:56	5:18	14	-	-	99	
Runde	3.47	19:33	5:38	22	5:12	101	5:12	14.38	1:17:29	5:23	45	-	-	97	
Runde	3.47	19:50	5:42	20	5:01	98	5:25	17.85	1:37:19	5:27	45	-	-	96	3:17
Runde	3.47	19:37	5:39	17	4:37	79	5:02	21.32	1:56:56	5:29	45	-	-	95	29:48
Runde	3.47	20:53	6:01	17	5:07	87	6:21	24.79	2:17:49	5:33	45	-	-	95	35:46
Runde	3.47	21:39	6:14	18	5:06	91	7:14	28.26	2:39:28	5:38	45	-	-	90	42:11
Runde	3.47	22:57	6:36	18	5:27	115	7:58	31.73	3:02:25	5:44	44	-	-	88	48:54
Runde	3.47	24:14	6:59	23	6:21	129	8:47	35.20	3:26:39	5:52	44	-	-	84	52:29
Runde	3.47	22:59	6:37	11	5:24	71	7:07	38.67	3:49:38	5:56	44	-	-	83	1:04:30
Ziel	3.47	23:35	6:47	16	6:39	106	7:59	42.18	4:13:13	6:00	18	1:01:31	-	83	1:11:52