



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Ziegler, Juergen

000: 4:22:35

00: Bruchsal

00: 9.60 km/h

00: 213

0000: 6:13 min/km

00: 42.18 km

00000/000: 117 (of 305)

Marathon

00000/0: 109 (of 271)

000000: 3:01:21

0000:

00000: 27(of 57)

Männer M45

0000000: 3:07:03

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Runde | 0.50 | 2:11 | 4:21 | 40 | 1:02 | 178 | 1:02 | 0.50 | 2:11 | 4:21 | 5 | - | 114 | |
| Runde | 3.47 | 18:03 | 5:12 | 23 | 4:32 | 79 | 4:32 | 3.97 | 20:14 | 5:05 | 5 | - | 89 | |
| Runde | 3.47 | 17:57 | 5:10 | 16 | 3:41 | 63 | 3:43 | 7.44 | 38:11 | 5:07 | 4 | - | 105 | |
| Runde | 3.47 | 18:02 | 5:11 | 17 | 14:53 | 59 | 14:53 | 10.91 | 56:13 | 5:09 | 4 | - | 126 | |
| Runde | 3.47 | 18:33 | 5:20 | 18 | 3:41 | 70 | 4:12 | 14.38 | 1:14:46 | 5:11 | 4 | - | 124 | |
| Runde | 3.47 | 20:18 | 5:51 | 26 | 5:30 | 114 | 5:53 | 17.85 | 1:35:04 | 5:19 | 4 | - | 123 | 1:02 |
| Runde | 3.47 | 21:00 | 6:03 | 27 | 6:04 | 125 | 6:25 | 21.32 | 1:56:04 | 5:26 | 4 | - | 122 | 28:56 |
| Runde | 3.47 | 22:07 | 6:22 | 30 | 6:57 | 132 | 7:35 | 24.79 | 2:18:11 | 5:34 | 4 | - | 122 | 36:08 |
| Runde | 3.47 | 24:12 | 6:58 | 38 | 8:22 | 181 | 9:47 | 28.26 | 2:42:23 | 5:44 | 2 | - | 117 | 45:06 |
| Runde | 3.47 | 24:31 | 7:03 | 34 | 8:17 | 160 | 9:32 | 31.73 | 3:06:54 | 5:53 | 2 | - | 115 | 53:23 |
| Runde | 3.47 | 25:03 | 7:13 | 32 | 8:21 | 147 | 9:36 | 35.20 | 3:31:57 | 6:01 | 2 | - | 111 | 57:47 |
| Runde | 3.47 | 25:25 | 7:19 | 28 | 8:08 | 138 | 9:33 | 38.67 | 3:57:22 | 6:08 | 2 | - | 110 | 1:12:14 |
| Ziel | 3.47 | 25:13 | 7:16 | 30 | 7:48 | 144 | 9:37 | 42.18 | 4:22:35 | 6:13 | 27 | 1:15:32 | 109 | 1:21:14 |