



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Marschall, Christoph

□□□: 4:26:42

□□: TSV Kottern

□□: 9.45 km/h

□□: 339

□□□□: 6:19 min/km

□□: 42.18 km

□□□□□/□□□: 131 (of 305)

Marathon

□□□□□/□: 123 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 15(of 47)

Männer M50

□□□□□□□: 3:13:15

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:18	4:35	29	1:07	198	1:09	0.50	2:18	4:35	43	0:20	143		
Runde	3.47	21:09	6:05	31	6:03	204	7:38	3.97	23:27	5:54	43	2:55	143		
Runde	3.47	21:36	6:13	33	6:46	203	7:22	7.44	45:03	6:03	41	3:59	141	0:29	
Runde	3.47	20:50	6:00	22	5:53	167	17:41	10.91	1:05:53	6:02	41	3:26	140		
Runde	3.47	21:12	6:06	22	6:05	165	6:51	14.38	1:27:05	6:03	40	2:25	138		
Runde	3.47	21:32	6:12	19	6:04	162	7:07	17.85	1:48:37	6:05	40	1:18	137	14:35	
Runde	3.47	21:39	6:14	15	6:13	145	7:04	21.32	2:10:16	6:06	40		136	43:08	
Runde	3.47	22:33	6:29	20	7:06	150	8:01	24.79	2:32:49	6:09	6		136	50:46	
Runde	3.47	22:30	6:29	18	6:35	119	8:05	28.26	2:55:19	6:12	38		131	58:02	
Runde	3.47	22:42	6:32	18	6:19	107	7:43	31.73	3:18:01	6:14	37		129	1:04:30	
Runde	3.47	23:10	6:40	16	6:10	92	7:43	35.20	3:41:11	6:17	37		125	1:07:01	
Runde	3.47	22:47	6:33	10	5:01	64	6:55	38.67	4:03:58	6:18	37		124	1:18:50	
Ziel	3.47	22:44	6:33	19	4:15	88	7:08	42.18	4:26:42	6:19	15	1:13:27	123	1:25:21	