



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Fuchs, Arnold

00: LSV Güstrow
00: 150

00: 42.18 km
Marathon

0000:
Männer M55

000: 4:35:48

00: 9.14 km/h
0000: 6:32 min/km

00000/0000: 174 (of 305)

00000/0: 162 (of 271)

000000: 3:01:21

00000: 7(of 12)

0000000: 3:17:56

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	0.50	2:08	4:15	8	0:53	173	0:59	0.50	2:08	4:15	7	0:53	183	
Runde	3.47	19:53	5:43	6	4:40	155	6:22	3.97	22:01	5:32	7	5:33	104	
Runde	3.47	20:58	6:02	7	5:32	180	6:44	7.44	42:59	5:46	7	11:05	181	
Runde	3.47	20:47	5:59	6	4:57	166	17:38	10.91	1:03:46	5:50	7	16:02	180	
Runde	3.47	21:06	6:04	7	4:55	164	6:45	14.38	1:24:52	5:54	7	20:57	178	
Runde	3.47	21:49	6:17	7	5:35	173	7:24	17.85	1:46:41	5:58	7	26:32	177	12:39
Runde	3.47	22:16	6:25	7	5:48	174	7:41	21.32	2:08:57	6:02	7	32:20	176	41:49
Runde	3.47	22:40	6:31	7	6:04	157	8:08	24.79	2:31:37	6:06	7	38:24	176	49:34
Runde	3.47	23:56	6:53	7	6:53	173	9:31	28.26	2:55:33	6:12	7	45:17	171	58:16
Runde	3.47	24:50	7:09	7	7:41	168	9:51	31.73	3:20:23	6:18	7	52:58	169	1:06:52
Runde	3.47	25:20	7:18	8	7:50	155	9:53	35.20	3:45:43	6:24	7	1:00:48	164	1:11:33
Runde	3.47	25:05	7:13	7	8:40	129	9:13	38.67	4:10:48	6:29	7	1:09:28	163	1:25:40
Ziel	3.47	25:00	7:12	7	8:24	135	9:24	42.18	4:35:48	6:32	7	1:17:52	162	1:34:27