



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Gerlach, Jörg

□□: 100 Marathon Club

□□: 92

□□: 42.18 km

Marathon

□□□□:

Männer M50

□□□: 4:46:31

□□: 8.80 km/h

□□□□: 6:47 min/km

□□□□□/□□□□: 202 (of 305)

□□□□□/□: 187 (of 271)

□□□□□□: 3:01:21

□□□□□: 35(of 47)

□□□□□□□: 3:13:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:37	5:14	41	1:26	251	1:28	0.50	2:37	5:14	5	0:39	7	0:06
Runde	3.47	21:32	6:12	37	6:26	217	8:01	3.97	24:09	6:04	16	3:37	208	
Runde	3.47	20:58	6:02	24	6:08	180	6:44	7.44	45:07	6:03	15	4:03	206	0:33
Runde	3.47	21:42	6:15	31	6:45	202	18:33	10.91	1:06:49	6:07	15	4:22	205	
Runde	3.47	21:48	6:16	27	6:41	180	7:27	14.38	1:28:37	6:09	15	3:57	203	
Runde	3.47	22:09	6:22	29	6:41	188	7:44	17.85	1:50:46	6:12	15	3:27	202	16:44
Runde	3.47	23:00	6:37	33	7:34	193	8:25	21.32	2:13:46	6:16	15	2:49	201	46:38
Runde	3.47	24:21	7:01	37	8:54	212	9:49	24.79	2:38:07	6:22	15	3:05	201	56:04
Runde	3.47	24:25	7:02	32	8:30	192	10:00	28.26	3:02:32	6:27	14	2:03	196	1:05:15
Runde	3.47	25:17	7:17	33	8:54	179	10:18	31.73	3:27:49	6:32	14	1:56	194	1:14:18
Runde	3.47	25:55	7:28	28	8:55	171	10:28	35.20	3:53:44	6:38	14	1:27	189	1:19:34
Runde	3.47	26:51	7:44	33	9:05	175	10:59	38.67	4:20:35	6:44	14	2:15	188	1:35:27
Ziel	3.47	25:56	7:28	32	7:27	163	10:20	42.18	4:46:31	6:47	35	1:33:16	187	1:45:10