



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Schumacher, Christiane

□□□: 5:06:10

□□: Bad Schwartau

□□: 8.23 km/h

□□: 320

□□□□: 7:16 min/km

□□: 42.18 km

□□□□□/□□□: 241 (of 305)

Marathon

□□□□□/□: 24 (of 34)

□□□□□□: 3:41:58

□□□□:

□□□□□: 5(of 6)

Frauen W30

□□□□□□□: 4:14:12

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	0.50	2:17	4:33	5	0:48	24	1:03	0.50	2:17	4:33	5	0:06	11	
Runde	3.47	21:43	6:15	4	1:42	22	4:40	3.97	24:00	6:02	5	1:48	5	
Runde	3.47	22:06	6:22	4	2:43	21	21:48	7.44	46:06	6:11	5	4:31	11	
Runde	3.47	22:54	6:35	4	3:50	22	22:11	10.91	1:09:00	6:19	5	8:21	11	
Runde	3.47	22:41	6:32	4	3:54	19	21:45	14.38	1:31:41	6:22	5	12:15	11	
Runde	3.47	23:11	6:40	4	3:56	18	5:08	17.85	1:54:52	6:26	5	16:11	11	
Runde	3.47	24:59	7:11	5	4:48	23	6:27	21.32	2:19:51	6:33	5	20:59	11	
Runde	3.47	26:22	7:35	5	5:12	26	8:04	24.79	2:46:13	6:42	5	26:11	11	
Runde	3.47	29:10	8:24	5	7:31	29	10:22	28.26	3:15:23	6:54	5	33:42	8	10:33
Runde	3.47	28:32	8:13	6	6:43	27	9:46	31.73	3:43:55	7:03	5	40:25	8	14:06
Runde	3.47	28:08	8:06	6	5:08	25	9:00	35.20	4:12:03	7:09	5	45:33	8	15:40
Runde	3.47	27:26	7:54	6	4:14	25	8:37	38.67	4:39:29	7:13	5	48:42	8	17:34
Ziel	3.47	26:41	7:41	6	4:50	26	26:14	42.18	5:06:10	7:15	5	51:58	24	1:24:12