



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Reinhardt, Guido

□□□: 5:21:41

□□: Hash House Harriers Heidelberg

□□: 7.83 km/h

□□: 135

□□□□: 7:38 min/km

□□: 42.18 km

□□□□□/□□□: 255 (of 305)

Marathon

□□□□□/□: 229 (of 271)

□□□□□□: 3:01:21

□□□□:

□□□□□: 42(of 47)

Männer M50

□□□□□□□: 3:13:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:33	5:05	38	1:22	244	1:24	0.50	2:33	5:05	23	0:35	250	0:02	
Runde	3.47	22:50	6:34	43	7:44	250	9:19	3.97	25:23	6:23	23	4:51	250		
Runde	3.47	22:17	6:25	39	7:27	224	8:03	7.44	47:40	6:24	22	6:36	248	3:06	
Runde	3.47	23:22	6:44	44	8:25	242	20:13	10.91	1:11:02	6:30	22	8:35	247	3:08	
Runde	3.47	24:44	7:07	44	9:37	252	10:23	14.38	1:35:46	6:39	22	11:06	245		
Runde	3.47	25:48	7:26	45	10:20	251	11:23	17.85	2:01:34	6:48	22	14:15	244	27:32	
Runde	3.47	25:16	7:16	42	9:50	233	10:41	21.32	2:26:50	6:53	22	15:53	243	59:42	
Runde	3.47	25:35	7:22	40	10:08	224	11:03	24.79	2:52:25	6:57	22	17:23	243	1:10:22	
Runde	3.47	26:30	7:38	40	10:35	221	12:05	28.26	3:18:55	7:02	21	18:26	238	1:21:38	
Runde	3.47	26:53	7:44	37	10:30	208	11:54	31.73	3:45:48	7:06	21	19:55	236	1:32:17	
Runde	3.47	28:20	8:09	37	11:20	208	12:53	35.20	4:14:08	7:13	21	21:51	231	1:39:58	
Runde	3.47	28:55	8:20	39	11:09	207	13:03	38.67	4:43:03	7:19	21	24:43	230	1:57:55	
Ziel	3.47	38:38	11:08	42	20:09	243	23:02	42.18	5:21:41	7:37	42	2:08:26	229	2:20:20	