



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

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Janssen, Edgar

□□: Bergostfriesse

□□: 288

□□: 42.18 km

Marathon

□□□□:

Männer M40

□□□: 5:46:27

□□: 7.27 km/h

□□□□: 8:13 min/km

□□□□□/□□□: 276 (of 305)

□□□□□/□: 247 (of 271)

□□□□□□: 3:01:21

□□□□□: 49(of 54)

□□□□□□□: 3:11:42

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	0.50	2:28	4:56	46	1:19	228	1:19	0.50	2:28	4:56	25	0:44	153		
Runde	3.47	22:55	6:36	50	8:50	252	9:24	3.97	25:23	6:23	25	2:39	250		
Runde	3.47	23:21	6:43	51	8:56	253	9:07	7.44	48:44	6:33	25	3:42	266	4:10	
Runde	3.47	24:36	7:05	50	10:06	255	21:27	10.91	1:13:20	6:43	25	4:54	265	5:26	
Runde	3.47	25:23	7:18	51	11:02	256	11:02	14.38	1:38:43	6:51	24	7:09	263	2:50	
Runde	3.47	26:25	7:36	50	11:36	256	12:00	17.85	2:05:08	7:00	24	9:24	262	31:06	
Runde	3.47	28:13	8:07	49	13:13	257	13:38	21.32	2:33:21	7:11	24	14:14	261	1:06:13	
Runde	3.47	30:00	8:38	50	14:14	257	15:28	24.79	3:03:21	7:23	24	20:10	261	1:21:18	
Runde	3.47	30:32	8:47	49	13:59	253	16:07	28.26	3:33:53	7:34	24	26:41	256	1:36:36	
Runde	3.47	32:46	9:26	48	15:16	250	17:47	31.73	4:06:39	7:46	24	34:14	254	1:53:08	
Runde	3.47	33:20	9:36	48	15:27	244	17:53	35.20	4:39:59	7:57	24	41:42	249	2:05:49	
Runde	3.47	33:44	9:43	49	16:09	242	17:52	38.67	5:13:43	8:06	24	48:13	248	2:28:35	
Ziel	3.47	32:44	9:25	47	15:48	233	17:08	42.18	5:46:27	8:12	49	2:34:45	247	2:45:06	