



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

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Hackl, Dieter

00: TV Grossen-Buseck
00: 251

00: 100.00 km
Thüringen Ultra

0000:
Senioren M50 (50-54 Jahre)

000: 13:16:21

00: 7.53 km/h
0000: 7:58 min/km

00000/000: 143 (of 272)

00000/0: 130 (of 235)

000000: 7:55:46

00000: 28(of 58)

0000000: 8:38:40

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	25.00	3:29:22	8:22	42	1:00:37	171	1:17:35	25.00	3:29:22	8:22	2		141	1:17:35
Floh-Seligenthal	25.00	3:28:28	8:20	39	1:09:59	160	1:23:30	50.00	6:57:50	8:21	2		138	2:41:05
Finsterbergen	25.00	3:07:53	7:30	24	1:16:43	117	1:19:57	75.00	10:05:43	8:04	15		131	4:01:02
Fröttstädt	25.00	3:10:38	7:37	23	1:11:50	108	1:19:33	100.00	13:16:21	7:57	28	4:37:41	130	5:20:35