



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Kickert, Frank

□□□: 4:36:35

□□: TSVE 1890 Bielefeld/DT Swiss

□□: 21.26 km/h

□□: 24

□□: 98.00 km

□□□□□/□□□: 6 (of 29)

Langdistanz

□□□□□/□: 6 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 3(of 11)

Senioren I

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	31:40	20.84	4	2:06	8	4:18	11.10	31:40	20.84	3	2:06	21	
Donnershagen (\	16.00	49:44	19.30	4	4:09	8	7:13	27.10	1:21:24	19.90	3	6:15	21	
Turm Silberborn	16.40	44:25	21.61	3	2:12	6	4:59	43.50	2:05:49	20.51	3	8:27	21	
Haus des Gastes	5.50	9:44	30.82	4	0:10	8	0:32	49.00	2:15:33	21.69	3	8:30	21	
Steinborn (VP1)	11.10	34:29	19.14	4	4:10	10	6:52	60.10	2:50:02	21.17	3	12:40	21	
Donnershagen (\	16.00	50:16	19.10	3	1:08	5	6:48	76.10	3:40:18	20.70	3	13:48	21	
Turm Silberborn	16.40	46:53	20.48	3	2:05	6	7:46	92.50	4:27:11	20.66	3	15:53	21	
□□	5.50	9:24	31.91	1	-	1	-	98.00	4:36:35	21.26	3	14:48	6	37:45