



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Hercher, Steffen

□□□: 4:40:53

□□: Bad Bikers Mtb-Sport e.V.

□□: 20.93 km/h

□□: 9

□□: 98.00 km

□□□□□/□□□: 8 (of 29)

Langdistanz

□□□□□/□: 8 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 4(of 11)

Masters männlich

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	32:11	20.51	4	2:36	10	4:49	11.10	32:11	20.51	6		19	
Donnershagen (\	16.00	52:09	18.41	6	6:36	14	9:38	27.10	1:24:20	19.21	6		19	
Turm Silberborn	16.40	44:37	21.52	5	2:24	9	5:11	43.50	2:08:57	20.01	6		18	
Haus des Gastes	5.50	9:34	31.36	2	0:22	3	0:22	49.00	2:18:31	21.22	4	11:30	19	
Steinborn (VP1)	11.10	32:42	20.18	3	2:20	7	5:05	60.10	2:51:13	21.03	4	13:50	19	
Donnershagen (\	16.00	52:06	18.43	2	3:01	6	8:38	76.10	3:43:19	20.42	4	16:51	19	
Turm Silberborn	16.40	47:20	20.28	3	2:28	7	8:13	92.50	4:30:39	20.40	4	19:19	19	
□□	5.50	10:14	29.32	3	0:22	7	0:50	98.00	4:40:53	20.93	4	19:06	8	42:03